



A beautiful mind is a basic requirement for a healthy life.

A field however fertile cannot be fruitful without cultivation, and neither mind without learning.

Reading is to the mind what exercise is to the body.

There is nothing noble in being superior to somebody else. The real nobility is in being superior to our former self.

Second half of our life is made up of nothing but the habits we have accumulated during the first half.

Let us start from where we are and with what we have.

We are so captivated by conditions outside that we have forgotten that the kingdom of Heaven and Happiness is within us only.

Happiness cannot be travelled to, owned, earned, worn or consumed. Happiness is the spiritual experience of love, grace and gratitude.

One of the quitters approached him to ask how he had done it, to finish the race.



... he was deaf!

Let us be deaf to someone who tells us that we can't and we won't achieve our goals.

People with negative attitude steal the best aspirations of other's heart!

Let us always remember the power of the words, so let us keep on hearing and reading positive thoughts.

Let us watch our thoughts,

for they become words...

Let us choose our words,

for they become actions.

Let us understand our actions,

for they become habits.

Let us study our habits,

for they become our character...

Let us develop our character,

for it becomes our destiny.

"THINK POSITIVE THE REST WILL FOLLOW"

THIS IS SIMPLE WAY TO HAPPINESS

# **Our Choice**

Dr. Wyne Dyer a very famous motivational speaker, gave an example of an orange at one of his lectures. He opened his conversation by asking a young man "If I were to squeeze this orange as hard as I could, what would come out?"

The young man said, "Juice, of course, sir"

"Do you think apple juice would come out of it?"

"No!" he laughed.

"What about grapefruit juice?"

"No!"

"What would come out of it?"

"Orange juice, of course, sir"

"Why? Why when you squeeze an orange does orange juice come out?"  $\,$ 

The young man was getting a little agitated at this point and said "Well, it's an orange and that's what is inside."

Dr. Dyer continued "Let's assume that this orange isn't an orange, but it's you. And someone squeezes you, puts pressure on you, says something you don't like, offends you. And out of you comes anger, hatred, bitterness, fear. Why? The answer is, because that's what's inside."

It's one of the great lessons of life. It doesn't matter who does the squeezing —mother, brother, children, friends, boss, the government..... If someone says something about us that we don't like, what comes out of us is what's inside. And what's inside is up to us, it's our choice.

Once we take away all those negative things we don't want in our life and replace them with love, positive thoughts, good feeling and happiness...... we will find ourselves living a happy and highly functioning life.

# Simple Way To Happiness

## PART - IV

Let us be the First to Smile. Let us be the First to Compliment. Let us be the First to Give. Let us be the First to Forgive.

May the "Simple Way to Happiness" bring us closer to one another. from:

## SIMPLE WAY TO HAPPINESS

## PART - IV

"A Small library of Big thoughts."

Collection of Inspirational stories and poems from Internet / Spiritual Books and Sat - sang.

Inspirer and Guiding force -SHRI HARIBHAI KOTHARI

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### DECISION

A group of children were playing near two railway tracks, one still in use, while other was not in use. Only one child was playing on the track which was not in use; the rest of the boys were playing on the track which was in use.

The train was coming from distance and one person was standing beside the point of interchange of tracks. He could make the train change its course and save most of the kids. However which would also mean that the only child playing by the track, which was not in use, would be sacrificed.

OR

Would he rather let the train go its way killing many boys?

Let us take a pause, to think, what kind of decision he would make and he should make?

# **QUOTABLE QUOTES**

If we keep the weakness of others in mind they will soon become a part of our mind. Weaknesses are contagious

When we are fighting against evil, let us make sure we do not become evil ourselves.

Let us give a lot of time to improve ourselves, so that there is no time to criticize others.

Anyone who has never made a mistake has never tried anything new.

Most people might chose to divert the course of the train and sacrifice the only child. We might think the same way. We guess, because to save most of the children, at the expense of one child was a rational decision. Most people would morally and emotionally make such decision.

But let us think that the child who chose not to play with the rest on the operational track, but chose to play on the track not in use, had in fact made the right decision to play at a safe place.

This kind of dilemma happens around us every day. In the office, community, in politics and especially in a democratic society, the minority is often sacrificed for the interest of the majority, no matter how foolish or ignorant the majority is, and how farsighted and knowledgeable the minority is.

The friend who forwarded us the story, said he would not try to change the course of the train, because he believed that the kids playing on the operational track should have known very well that the track was still in use and they should have moved away on hearing the siren.

Moreover the other track was not in use, probably because it was not safe for the train passengers. If the train was diverted to the track not in use, it could put the lives of all passengers on board in danger! And in attempt to save a few kids by sacrificing one child, one might end up sacrificing hundreds of passengers as well.

"Let us remember that what is right may not always be popular...and what is popular may not always be right."

If we risk nothing, we risk everything.

Lord help us to remember that nothing is going to happen today, that you and I cannot handle together.

## SMILING THROUGH THE STORM

There was a little girl who walked to and fro from school every day. One day, though the weather that morning was windy and cloudy, she set out on her daily trek to the elementary school.

As the afternoon progressed, the winds whipped up along with thunder and lightening. Her mother was concerned that her daughter would be frightened. She herself feared that the lighting clouds and wind might harm her child.

Following the roar of thunder, lightening like a flaming sword was cutting through the sky. Concerned, the mother quickly got into her car and drove along the route to her child's school. As she did so, she saw her little girl walking along, but at each flash of lightening the little girl would stop, look up and smile at the sky.

One after another flash of lightening followed and with each one the little girl would look up at the streak of light and smile. The mother pulled her car besides the girl, lowered the window and called her "What are you doing? Why do you keep stopping?"

The little girl innocently answered "I am trying to look pretty! God keeps taking my pictures."

May God bless us when we face storms coming our way! And let us not forget to SMILE.

Faith is to believe what we do not see.

And the reward of faith is to see what we believe.

When we plant the seed we do not see the tree. And the reward of faithfully watering is to see the tree we believed.

#### THE PEBBLE STORY

Many years ago in a small village, a farmer had the misfortune of owing a large sum of money to a village moneylender. The moneylender who was old and ugly, fancied the farmer's beautiful daughter. So he proposed a bargain. He said he would forgo the farmer's debt if he could marry his daughter.

Both the farmer and his daughter were horrified by the proposal. So the cunning moneylender suggested that they let panchayat decide the matter.

He told them that he would put a black pebble and a white pebble into an empty bag. If she picked the black pebble, she would become his wife and her father's debt would be forgiven. But if she picked the white pebble she need not marry him and her father's debt would still be forgiven. However if she refused to pick a pebble, her father would be thrown into the jail.

All the villagers were standing on a pebble path in the farmer's field. As they talked the moneylender bent over to pick up two pebbles.

However, the sharp-eyed girl noticed that the moneylender had picked up two black pebbles and put them into the bag. He then asked the girl to pick a pebble from the bag.

Now, let us imagine we were standing in the field. What should we recommend the girl to do? ...

Let us think of the consequences if she chooses the above logical answers.

Well, what she did was...

The girl put her hand into the moneybag and drew out a pebble. Without looking at it, she fumbled and let it fall onto the pebble path where it got mixed with all the other pebbles.

"Oh, how clumsy of me," she said. "But never mind, if we look into the bag for the one that is left, we will be able to know which pebble I picked."

Since the remaining pebble was black, it was assumed that she had picked the white one. The money-lender dared not admit his dishonesty. The girl changed what seemed an impossible situation into an extremely advantageous one.

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# **QUOTABLE QUOTES**

Blaming the wolf would not help the sheep much, the sheep must learn not to fall in the clutches of the wolf.

We all face the problems, but how we face them counts. Life is 10% of what happens to us and 90% of how we respond to it. Let us face the problem with courage.

When a difficult situation comes, let us not cloud our eyes with tears, let us keep our vision clear so that we will not miss the opportunity. Some times we look so long at the problem that we don't see the opportunity in front of us.

We cannot make a fool of the one who keeps cool.

Every problem has a solution. Everything is possible, even the word "Impossible" says "I M Possible".

## THE MULE

Once there was a farmer who owned an old mule. One day the mule fell into the farmer's well. The farmer sympathized with the mule, but decided that the mule was not worth the trouble of saving.

Instead, he called his neighbours and told them what had happened and requested them to help haul dirt to bury the old mule in the well and put him out of his misery.

Initially, the old mule was hysterical, but as the farmer and his neighbours continued shovelling the dirt on his back a thought struck him. It dawned on him that every time a shovel load of dirt landed on his back, he could shake it off and step up! This he did blow after blow. "Shake it off and step up... shake it off and step up!"

He repeated this to encourage himself. No matter how painful the blows or how distressing the situation seemed, the old mule fought "panic" and just kept right on shaking it off and stepping up!

It was not long before the old mule, battered and exhausted, finally stepped triumphantly over the wall of that well!!! What seemed like it would only bury him actually helped him... all because of the manner in which he handled his adversity.

#### MORAL OF THE STORY

Life some times is going to shovel dirt. The trick of getting out of the well is not to let it bury, but to shake it off and take a step up. Each of our troubles is a stepping stone. We can get out of the deepest well by not stopping, and never giving up! Life is just a matter of how well we handle our adversity.

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# **QUOTABLE QUOTES**

A successful person is one who can lay a firm foundation with the bricks that others throw at him.

Obstacles are not hurdles; they can be opportunities to bring out our skill of handling.

Person with negative attitude have yesterday to blame for, today to curse for, and tomorrow to cry for.

Person with positive attitude have yesterday to thank for, today to work for and tomorrow to look forward for.

Displaying courage and bravery, through our actions is the best form of motivation to those who are attached to us.

One man with courage is a majority.

## CHILD'S TEN COMMANDMENTS TO PARENTS

- My hands are small: please don't expect perfection whenever I make a bed, draw a picture or throw a ball. My legs are short. Please slow down so that I can keep up with you.
- 2. My eyes have not seen the world as you have. Please let me explore it safely. Don't restrict unnecessarily.
- 3. House work will always be there. I'm a little child, only for a short time. Please take time to explain things to me about this wonderful world and do so willingly.
- 4. My feelings are tender: please be sensitive to my needs. Don't nag me all day long. (You wouldn't want to be nagged for your inquisitiveness) Treat me as you would like to be treated.
- 5. I am a special gift from God: please treasure me as God intended you to do so, holding me accountable for my actions, giving me guidelines to live by and disciplining me in a loving manner.
- 6. I need your encouragement to grow, Please go easy on criticism. Remember you can criticize the things I do without criticizing me.

- 7. Please give me the freedom to make decisions concerning myself. Permit me to fail, so that I can learn from my mistakes. Then someday I'll be prepared to make the kinds of decisions that life requires of me.
- 8. Please don't do things over for me. Somehow that makes me feel that my efforts did not quite reach up to your expectations.
- 9. I know it is hard but please do not try to compare me with my brother or sister.
- 10. Please take me to the Temple regularly, a good example for me to follow. I enjoy learning more about God.

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# **QUOTABLE QUOTES**

Children will soon forget our present. They will always remember our presence.

Our children inherit not only our wealth, but also to an extent, our values and our health.

We find television very educating. Every time somebody turns on the TV, let us go into the other room and read a book.

There is no thief like a bad TV and a bad book.

Let us never preach anything, which we cannot practice ourselves.

## A LESSON LEARNED

I ran into a stranger as he passed by, "Oh, excuse me please," was my reply.

He said, "Please excuse me too,
I wasn't even watching you."

We were very polite, this stranger and I.
We went on our way and we said good-bye.
But at home a different story is told,
How we treat our loved ones, young and old

Later that day, while I cooked the night's meal, My young son stood beside me very still When I turned, I nearly knocked him down. "Get out of the way," I said with a frown.

He walked away, his little heart broken
I did not realize, how harshly I had spoken
While I lay awake in bed,
A still small voice came to me and said...
"When dealing with strangers, courtesy you use,
But the children you love, you seem to abuse.
Look there on the kitchen floor,
You'll find some flowers by the door.

Those are the flowers he brought for you.

He picked them by himself-pink, yellow and blue.

He stood quietly not to spoil the surprise,

And you never saw the tears in his eyes".

By this time, I felt very small
And then my tears began to fall.
I quietly went and knelt by his bed,
"Wake up, little one, wake up," I said.

"Are these the flowers you picked for me?"
He smiled, "I found them out by the tree.
I picked them because they are pretty like you.
I knew you would like them, especially the blue."
I said" Son, I'm sorry how I acted today,
I should not have yelled at you that way.
He said "Oh, Mom, that's okay.
You know I love you any way"
I said, "Son, I love you too,
And I do like the flowers, especially the blue."

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## **QUOTABLE QUOTES**

One word spoken with love can soothe the sorrowful hearts.

In disagreements with loved ones, let us deal only with the current situation. Let us not bring up the past.

The best way to be understood is to be understanding.

Most of the people do not like when they are told that they are wrong.

If we admit we are wrong, when we are wrong, then we are all Right.

## **FOOTBALL**

A teenager lived alone with his mother. The two of them had a very special relationship. Even though most of the time the son was always in the pavilion, his mother was always in the stands cheering him. She never missed a game. This teenager was still the youngest in the class when he entered high school.

He was determined to do his best at every practice and perhaps he would get to play when he became a senior. All through during his high school, he never missed a practice or a game, but remained a bench warmer all four years. His faithful mother was always in the stands, with words of encouragement for him.

When the teenager went to college, everyone was sure he would never make it in the team, but he did. The coach admitted "He always puts his heart and soul into every practice and at the same time encouraged other members with his lively spirit." The news that he was selected in the team thrilled him so much that he rushed to the nearest phone and called his mother. His mother shared his excitement and was sent season tickets for all the college games.

It was the end of his senior football season and as he hurried onto the practice field shortly before the big playoff game, the coach met him with a telegram. The young man read the telegram and he became numb and silent. Swallowing hard, he fumbled to the coach, "My mother died this morning. Is it alright if I miss the practice today?"

The coach put his arm gently around his shoulder and said, "Take the rest of the week off, son and don't even plan to come back to the game on Saturday."

Saturday arrived and the game was not going well. In the third quarter, when the team was ten points behind, a young man quietly slipped into the empty locker room and put on his football gear. As he ran onto the sidelines, the coach and his players were astounded to see their faithful teammate back so soon.

"Sir, please let me play. I've just got to play today" said the young man. The coach pretended not to hear him. There was no way he wanted his worst player in this close playoff game. But the young man persisted, and finally feeling sorry for the teenager, the coach gave in. "All right," he said. "You can go in." Before long, the coach, the players and everyone in the stands could not believe their eyes. This little unknown, who had never played in big game before, was doing everything right. The opposing team could not stop him. He ran, he passed, blocked and tackled like a star. His team began to triumph. The score was soon tied. In the closing seconds of the game, young man intercepted a pass and ran all the way for the winning touchdown. The fans broke loose. His teammates hoisted him onto their shoulders. Such cheering was never heard!

Finally, after the stands had emptied and the team had dispersed and left the locker room, the coach noticed that the young man was sitting quietly in the corner all alone. The coach came to him and said, "Young man, I can't believe it. You were fantastic! Tell me what got into you? How did you do it?"

He looked at the coach, with tears in his eyes, and said, "Well, you knew my mom died, but did you know that my mom was blind?" The young man swallowed hard and forced a smile, "Mom came to all my games, but today was the first time she could see me play and I wanted to show her that I could do it!"

## PUPPIES FOR SALE

A store read "Puppies For Sale." Signs like that have a way of attracting small children and sure enough a little boy entered the store and inquired. "How much are you going to sell the puppies for?" he asked.

The store owner replied, "Anywhere from \$30 to \$50."

The little boy reached in his pocket and pulled out some change. "I have \$10 balance and the rest I will pay in instalment" he said. "Can I please look at them?"

The store owner smiled and whistled out five tiny puppies. One puppy was lagging considerably behind. Immediately the little boy singled out the lagging limping puppy and said, "What's wrong with that little dog?"

The store owner explained that the veterinarian had examined the little puppy and had discovered that it did not have a hip socket. It would always limp. It would always be lame. The little boy was excited and said "I want to buy that little puppy."

The owner said "No, you don't want to buy that little dog. If you really want him, I will just give him free to you."

The little boy got quite upset. He looked straight into

the store owner's eyes, pointing his finger and said, "I don't want you to give that puppy free to me. That little dog is worth every bit as much as all the other dogs are and I will pay full price. I will give you \$10 now and \$5 per month until I have him paid for."

The owner countered "You really don't want to buy this little dog. He is never going to be able to jump and play with you like the other puppies."

To this the little boy reached down and rolled up his pant to reveal a badly twisted, crippled left leg supported by a big metal brace. He looked up at the owner and softly replied "Well, I don't run so well myself and the little puppy will need someone who understands!"



# **EASY & DIFFICULT**

It is easy to get a place in someone's address book.

Difficult to get a place in someone's heart.

It is easy to judge the mistakes of others Difficult to recognize our mistakes.

It is easy to talk without thinking Difficult to refrain the tongue.

It is easy to hurt someone who loves us Difficult to heal the wound. It is easy to forgive others. Difficult to ask for forgiveness.

It is easy to show victory.

Difficult to assume defeat with dignity

It is easy to enjoy life every day. Difficult to give its real value...

It is easy to pray every night Difficult to find God in small things.

It is easy to promise something to someone Difficult to fulfill that promise.

It is easy to say we love. Difficult to show it every day...

It is easy to criticize others Difficult to improve oneself.

It is easy to make mistakes Difficult to learn from them

It is easy to think badly of others. Difficult to give them the benefit of doubt.

It is easy to receive. Difficult to give.

It is easy to keep the friendship with words Difficult to keep it with meanings.

## **HEAVEN**

Two persons with their dogs were walking along a road and were enjoying the scenery when they suddenly realised that they died a long time ago. They also remembered that their dogs also died long before them. But these faithful dogs were still waiting for them.

They wondered where the road was leading them. After a while, both the travellers came to a high white stone wall along one side of the road. It looked like fine marble. At the top of a long hill it was broken by a tall arch that glowed in the sunlight. When they were standing before it they saw a magnificent gate in the arch that looked like mother of pearl and the street that led to the gate looked like pure gold.

With their dogs they walked towards the gate and as they got closer, they saw a man at a desk on one side. They asked "Excuse me, Sir, where are we?"

"This is heaven, Sir," the man answered.

"Wow! Wow! Would you happen to have some water?" the travellers asked.

"Of course, Sir, come right in and I'll have some ice water brought right up".

The man gestured and the gate began to open.

"Can our friend" gesturing towards their dogs "Come in too?" the travellers asked.

"I am sorry Sir, but we don't accept pets."

They thought for a moment. One of the travellers left his dog and went inside, but the other traveller turned back towards the road and continued the way he had been going with both the dogs.

After another long walk, and at the top of another long hill, he came to a dirty road which led to a place that could not be seen from outside. The man sitting at the gate said "Come in"

"How about my friends here Sir?" the traveller gestured to the dogs. "Of course, Sir, come right in" replied the man.

They went through the gate, and sure enough, there was an old fashioned hand pump with a bowl beside it. The traveller filled the bowl and took a long drink himself; he gave some to the dogs.

When they were full, he and the dogs walked back towards the man who was standing by the tree waiting for them.

"What do you call this place?" the traveller asked

"This is heaven, sir." was the answer.

"Well, that's confusing" the traveller said "The man down the road said that was heaven, too."

"Oh, you mean the place with the gold street and pearly gates? Nope. That's hell."

"Doesn't it make you mad for them to use your name like that?"

"No. But we are just happy that they screen out the mean and selfish folks who will leave their best friends".

# **QUOTABLE QUOTES**

Selfish person will got to hell Person who values friendship goes to heaven.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of controversy and challenges.

Courage is not absence of fear
But
Courage is triumph over fear

Let us move boldly, there is a hand above that will guide us.

All that glitters is not gold.

#### TRIPLE FILTER TEST

In ancient Greece, Socrates was reputed to hold knowledge in the highest esteem. One day an acquaintance met the great philosopher and said "Socrates, do you know what I just heard about your friends?"

"Hold on a minute" Socrates replied. "Before telling me anything I would like you to pass a little test. It is called the Triple Filter Test."

"Triple filter?"

"That's right" Socrates continued. "Before you talk to me about my friend it might be a good idea to take a moment and filter what you are going to say. The first filter is Truth. Have you made absolutely sure that what you are going to tell me is absolutely true?"

"No" the man said "I actually just heard about it and..."

"All right" said Socrates. "So you don't really know if it is true or not. Now let us try the second filter, the filter of Goodness. What you are planning to tell me about my friend is it something good?"

"No, on the contrary..."

"So" Socrates continued "you want to tell me something bad about him but you are not certain whether it is true. You may still pass the test though because there's one filter left: the filter of Usefulness.

"What you want to tell me about my friend is going to be useful to me?"

"No, not really"

"Well" concluded Socrates "if what you want to tell me about him which may neither be true, nor good, nor even useful then why tell me at all?"

#### In a nutshell

Let us not just get carried away by the situation or talk. When any situation or such talks take place, let us give it this very simple "Triple Filter Test".

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# **QUOTABLE QUOTES**

When the character of a man is not clear to us, let us look at his friends.

He who seeks a friend without fault remains without a friend.

Let us not tell our friend anything which we can not tell to our enemy and let us not tell our enemy anything which we can not tell to our friend. With time and situation friend and enemies keep on changing.

If we have the habit of minding other people's business, our own business will become bankrupt.

Self control will give us unlimited control.

## THE GIFT

A young man was about to graduate from college.

For many months he had admired a beautiful sports car in a dealer's showroom and knowing that his father could well afford it, he told him that was all he wanted. As Graduation Day approached, the young man awaited signs that his father must have purchased the car as a gift.

Finally on the day of his graduation his father called him into his private study. His father told him how proud he was to have such a fine son and told him how much he loved him. He handed his son a beautifully wrapped gift box. Curious but somewhat disappointed the young man opened the box and found a lovely leather-bound "BIBLE".

Angrily he raised his voice at his father and said "With all your money you give me a BIBLE?" and stormed out of the house leaving the holy book.

Many years passed and the young man was very successful in business. He had a beautiful home and wonderful family, but realized that his father was very old and thought perhaps he should go to him.

He had not seen him since that graduation day. Before he could make arrangements to go, he received a telegram telling him his that father had passed away, and willed all of his possessions to his son. He needed to come home immediately and take care of things.

When he arrived at his father's house, sudden sadness and regret filled his heart. He began to search his father's important papers and saw the still new "BIBLE" just as he had left it years ago.

With tears he opened the "BIBLE", and began to turn the pages. As he read, suddenly...

A car key dropped from an envelope taped behind the "BIBLE". It had a tag with the dealer's name, the same dealer who had the sports car he had desired. On the tag was the date of his graduation and the words... PAID IN FULL.

How many times do we miss GOD's blessings because they are not packed as we expected?

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Patience is a bitter plant, but it has a sweeter fruit.

Let us never cut what we can untie.

If we have love we don't need anything else. And if we do not have love, it does not matter what else we have and how much we have.

## A BAG OF BISCUITS

One night there was a woman at the airport who had to wait for several hours before catching her next flight. While she waited she bought a book and a pack of biscuits to spend the time. She was deep into her book when suddenly she realized that there was a young man sitting next to her who was stretching his hand, with no concern whatsoever, and grabbing the pack of cookies lying between them.

He started to eat them one by one. Not wanting to make a fuss about it she decided to ignore him. The woman slightly bothered ate the cookies and watched the clock, while the young and shameless thief of biscuits was also finishing them. The woman started to get really angry at this point and thought "If I was not such a good and educated person, I would have given this daring man a black eye by now."

Every time she ate a biscuit, he had one too. The dialogue between their eyes continued and when only one biscuit was left, she wondered what he was going to do. Softly and with a nervous smile, the young man grabbed the last biscuit and broke it in two.

He offered one half to the woman while he ate the other half. Briskly she took the biscuit and thought "What an insolent man! How uneducated! He didn't even thank me!" She had never met anybody like this and was relieved to hear when her flight was announced. She grabbed her bags and went towards the boarding gate refusing to look back to where that insolent thief was seated.

After boarding the plane and nicely seated, she looked for her book which was nearly finished by now. While looking into her bag she was totally surprised to find her pack of biscuits intact. "If my biscuits are here" she thought feeling terrible "those others were his and he tried to share them with me".

Too late to apologize to the young man, she realized with pain that she was insolent, uneducated and a thief and not him.

How many times in our lives had we known with certainty that something happened in a certain way, only to discover later that it was not true? How many times has our lack of trust, within us made us judge other people unfairly with our conceited ideas, often far away from reality.

That is why we have to think twice before we judge others. Let us always give others the benefit of doubt before we think badly of them.

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# **QUOTABLE QUOTES**

We are not troubled by things, but by the opinion we have of things.

We have learned that whenever we decide something with an open heart, we usually make better decision.

Acceptance of a problem will reduce it's impact.

Let us treat everyone with politeness, even to those who are rude to us, not because they are not nice but because we are nice!

When we are right, does not give us the right, to talk wrongly.

For those who believe, no explanation is necessary. For those who do not, no explanation is possible.

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Let us not only go through the book Let us also grow through the book

## THREE OLD MEN

A woman came out of her house and saw three old men with long grey beards sitting in frontyard of her house. She did not recognize any of them, so she said "I don't think I know you, but you must be hungry. Please come in and have something to eat"

In the evening when her husband came home, she told him what had happened.

"Well..." he said "go tell them I am home and invite them in now"

The woman went out again to invite them in. But one of them replied "We don't go into the house together"

One of the old men explained. "His name is 'Wealth'..." he said, pointing to one of his companions... and pointing to the other one he said... "He is success... and I am 'Love'." Then he added "Now go in and discuss with your husband which one of us you want in your home."

The women went in and told her husband what was said. He was overjoyed. "How nice!" he said. "Since that is the case, let us invite Wealth... let him come and fill our home with wealth."

But his wife disagreed "My dear, why don't we invite Success...with success we can always expect wealth to come along later?"

<sup>&</sup>quot;Is your family home?" they asked

<sup>&</sup>quot;No" she said "they are all out."

<sup>&</sup>quot;Then we cannot come in" they replied.

Their little daughter, who had been listening, had another suggestion "Would it not be better to invite Love... so our home will be filled with love? "Good point" the husband conceded. "Well then, go out and invite Love to be our guest."

The women went out and asked the three old men, "Which one of you is Love? Please come in and be our guest."

Love got up and started walking towards the house. However, the other two also got up and followed him.

Surprised by this, the lady asked "Wealth and Success, I only invited Love...why are you both are also coming in?"

They replied: "We are blind; therefore we depend upon Love to guide us. If you had invited wealth or success, one would still have to depend upon Love and other would have become lost trying to follow you. So in order to survive, wherever Love goes, Wealth and Success will follow"

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True love brings smiles with laughter, happiness with pure joy, wealth with heavens treasure and prosperity with peace.

Let us judge our success by what we had to give up in order to Get it.

Success is not the key to Happiness. Happiness is the key to Success. True happiness in life is to love and be loved.

There is no medicine found in the world for pain given by love. But love is the medicine for all kinds of pain. The most powerful force on earth is love.

## LOVE IS GOD AND GOD IS LOVE.

#### PRECEDENT

There are eight monkeys in a room. There is a ladder in the middle of the room to reach the bunch of bananas hanging from a hook on the ceiling. Each time a monkey tries to climb the ladder; all the monkeys are sprayed with lots of ice water, which makes them miserable.

So now whenever any monkey attempts to climb the ladder, all the other monkeys, not wanting to be soaked with ice water, stop him and beat him up. Soon none of the eight monkeys ever attempted to climb the ladder.

One of the original monkey is then removed and a new monkey is put in the room. Seeing the bananas and the ladder, he wonders why none of the other monkeys are doing the obvious, but undaunted he immediately begins to climb the ladder. All the other monkeys fall upon him and beat him. He has no idea why, since he is not aware of ice water. However he no longer made an attempt to climb the ladder.

A second original monkey is removed and replaced. The newcomer attempts to climb the ladder, but all the other monkeys jump on him and hammer him. This includes the previous new monkey, who is grateful that he is not on the receiving end this time, participates in the beating, because all the other monkeys are doing it. However he has no idea why he is also attacking the new monkey.

One by one, all the original monkeys are replaced. Eight new monkeys are now in the room. None of them have ever been sprayed with ice water. They are not aware of the problem, but still none of them attempt to climb the ladder. All of them will enthusiastically beat up any monkey who tries to climb the ladder without having any idea, why.

Many people like monkey follow the precedent blindly without understanding or may be due to the fear and unnecessarily live a miserable life.

#### CHANGE

There was a blind man sitting on the steps of a building, with a hat by his feet and a signboard that read:

"I am blind, please help."

He was frustrated, since he could not get much help from the people.

A creative publicist was walking by him and stopped to observe that the blind man only had a few coins in his hat. He dropped a few more coins in the hat and without asking for his permission, took the signboard and turned it around and wrote another announcement. He placed the signboard by the feet of the blind man and left.

That afternoon when the creative publicist was returning by the same route where the blind man sat, he noticed that his hat was full of bills and coins.

The blind man recognized his footsteps and asked if it was him who had re-written his sign and he wanted to know what did he write on it? The publicist responded: "I just re-wrote your signboard differently".

He smiled and went on his way. New signboard read:

# "TODAY IS DIWALI AND I CANNOT SEE IT"

Let us change the strategy when something does not go on the right way and one can see that it will probably be for the best.

Let us have the faith that if the change is taking place in our life, it will be for the best.

If we do not change with the change, we perish. If we change with the change, we survive. But, if we initiate the change, we prosper.

## **TELEGRAPH**

When "telegraph" was the fastest method of long distance communication, a young man applied for a job as a "Morse Code Operator".

Answering an advertisement in the news paper, he went to the office address that was listed. When he arrived, he entered a large busy office filled with noise. A sign on the receptionist's counter instructed job applicants to fill out a form and wait until they were summoned to enter the Manager's office.

The young man filled out his form and sat down with the seven other applicants in the waiting area. After a few minutes, the young man stood up, crossed the room to the door of the manager's office and walked right in. Naturally the other applicants perked up wondering what was going on. They muttered among themselves that they had not heard any summons yet. They assumed that the young man who had gone into the office had made a mistake and would be disqualified.

Within a few minutes, however the manager escorted the young man out of the office and said to the other applicants, "Gentleman, thank you very much for coming but the vacancy has been filled." The other applicants began grumbling and one spoke up saying "Wait a minute, I don't understand! He was the last to come in and we never got a chance to be interviewed. Yet

he got the job. That is not fair" The manager said, "I am sorry, but all the time you have been sitting here, the telegraph has been ticking out the following message in Morse Code:

"If you understand this message, then come right in, the job is yours.

None of you have paid attention or heard it or understood it. This young man did and the job is his."

Life has its own subtle ways of whispering wisdom, preempting opportunities, echoing answers and directing course. Let us live in awareness or else we will miss it all.

\*\*\*\*

# **QUOTABLE QUOTES**

We get what we deserve not what we desire.

Communication is to a relationship what breathing is to a living.

From speaking comes repentance and from listening comes wisdom.

He who knows others is wise. He who knows himself is enlightened.

Let us awaken the light within.

#### MAKE A DIFFERENCE

A man was walking down a deserted Mexican beach at sunset. As he walked along he began to see another man in the distance.

As he grew nearer he noticed that the local native kept leaning down, picking something up and throwing it into the water. Time and again he kept hurling things out into the ocean.

As he approached even closer, he noticed that the man was picking up starfish that had washed up onto the beach and one at a time he was throwing them back into the ocean.

The first man was puzzled. He approached the man and said, "Good Evening Friend, I was wondering what you are doing?" And he replied, "I'm throwing these starfish back into the ocean. You see, it is low tide right now and all these starfish have been washed up onto the shore. If I don't throw them back into the sea, they will die."

"I understand my friend" he replied "but there must be thousands of starfish on this beach and you could not possibly get to throw all of them back into the water. There are simply too many and don't you realize that this is happening on hundreds of beaches up and down this coast... don't you see that you can not possibly make a difference?" The local native smiled, bent down, picked up yet another starfish... and as he threw it back out into the sea he replied, "It made a difference to that one!"

We may feel that we cannot make a difference in the world today, but WE CAN make a difference, at least in one's life.



One song can spark a moment One flower can wake a dream One tree can start a forest One smile begins a friendship

One star can guide a ship at sea One word can frame the goal One candle wipes out darkness One laugh will conquer gloom

One step will start a journey One word will start a prayer One hope will raise a spirits One touch can show we care

Let us make someone happy today and everyday. Let us do something good today and everyday. Hands that serve humanity are a lot better than lips that talk of divinity. Let us start now.

"One life can make the difference."

God will not ask what kind of car we drove, He will ask how many people we drove who did not have transportation.

God will not ask the
Square footage
of our house,
He will ask how many
people we welcomed
in our home.

God will not ask about the clothes we had in our closet, He will ask how many we helped to clothe.

God will not ask what
Our job title was,
He will ask if we
performed our job
to the best of our ability.

God will not ask how many friends we had, He will ask to how many people we were a friend.

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\*

It won't matter whether we were beautiful or brilliant, our gender, skin colour, ethnicity will be irrelevant.

What will matter is how long we will be remembered, by whom and for what.

What will matter is not what we bought but what we built, not what we got, but what we gave.

## THIS IS SIMPLE WAY TO HAPPINESS

\*

# **QUOTABLE QUOTES**

Those who like to pay the bill, do so not because they are loaded with money, but because they value "Friendship" above "Money."

Those who take the initiative at work, do so not because they are "Stupid" but because they "Understand" the concept of responsibility.

Those who apologize first, do so not because they are wrong but because they value "Relationship" more than "Ego."

Those who often text us, do so, not because they have "Nothing" better to do, but because we are in their "Heart."

LET US GIFT THE BOOK TO EVERYONE WE L ... O ... V ... E!

BOOK IS THE BOUQUET FULL OF LIFE

HAPPINESS IS NEVER PERFECT UNLESS IT IS SHARED

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## **GOAL**

Once upon a time there was a race of frogs. The goal was to reach the top of a high tower.



Many people gathered to see and support them.



# The race began.

In reality, the people didn't believe that it was possible that the frogs would reach the top of the tower, and all the remarks that one could hear were of this kind:

"What pain!!! ... They'll never make it!"

The frogs began to doubt themselves.



People continued saying,

"...What pain!!! They'll never make it! ..."

And the frogs, one by one, admitted defeat, Except for one who continued to climb.



At the end he alone with effort, reached the top of the tower.

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The Biggest Loss in Life Tears in Someone's Eyes Because of Us.

The Biggest Achievement of Life Tears in Someone's Eyes for Us.





