

Simple Way to Happiness

Part - IX



Collection of Inspirational Stories & Poems

The Bowl

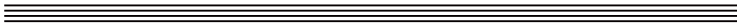
One day a saint approached a wealthy king who had all the riches and luxuries of the world. The saint carried an empty bowl and said to the king, "If you are going to offer me anything in this bowl, there is a condition that I accept only if you can fill my bowl absolutely". On hearing this the king was a little agitated as the saint's words had touched his ego. The king called his vazir and told him "Fill this bowl with precious stones, diamonds, rubies, and emeralds."

The king was surprised to see that - as the gems fell into the bowl, they would disappear. It was filled many times and each time it was again empty. Now he was in great rage, and told vizier, "Even if my whole kingdom goes, even if all my treasures are emptied, let them be - but I cannot accept that we are unable to fill the bowl of the saint."

All treasures of the king started disappearing one by one. The saint was there, king was there and by now the whole capital had gathered, wondering, what would happen in the end. Everything was simply disappearing.

Finally, the king fell at the feet of the saint and he said, "Forgive me, but before you leave, just tell me one thing. What is the secret of this bowl? All has disappeared in it." The saint started laughing. and said ...

"It is made of human desire. Everything disappears in it, nothing ever fulfills it." **It is possible to satisfy our need but it is impossible to satisfy our greed.**



किसी की मजबूरियाँ पे न हँसिये, कोई मजबूरियाँ खरीद कर नहीं लाता!..

डरिये वक्त की मार से, बुरा वक्त किसीको बताकर नहीं आता!..

अकल कितनी भी तेज हो, नसीब के बिना नहीं जीत सकती..
बीरबल अकलमंद होने के बावजूद, बादशाह नहीं बन सका”..!!

मारुति हो या बीएमडब्ल्यू सड़क वही रहेगी -।

मोबाइल एप्पल का हो या सेमसंग कॉल करने - वाले लोग नहीं बदलेंगे।

इकॉनामी क्लास में सफर करें या बिज़नस में समय तो उतना ही-लगेगा ।

भव्य जीवन की लालसा रखने या जीने में कोई बुराई नहीं,
लेकिन सावधान रहे, आवश्यकताएँ पूरी हो सकती हैं तृष्णा नहीं

कमाई छोटी या बड़ी हो सकती है.... पर रोटी की साईज
लगभग सब घर में एक जैसी ही होती है।

:‘कर्मों’ से ही पहचान होती है इंसानों की... महेंगे कपडे तो पुतले
भी पहनते है दुकानों में..!!

Simple Way To Happiness

PART - IX

चलिए जिंदगी का जश्न
कुछ इस तरह मनाते है...
कुछ अच्छा याद रखते है...
कुछ बुरा भूल जाते है।

May the “Simple Way to Happiness”
bring us closer to one another.
from :

A BOOK IS THE BOUQUET FULL OF LIFE

SIMPLE WAY TO HAPPINESS

PART - IX

“A Small library of Big thoughts.”

Collection of Inspirational stories and poems
from Internet / Spiritual Books and Sat - sang.

Inspirer and Guiding force -

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THE RACE

One morning as I was jogging in my neighborhood I noticed a person about 1/4 of a mile ahead of me. I could tell he was running a little slower than me and thought. “Good, I shall try to catch him”. I had about a mile to go on this path before I needed to turn left for my house. So I started running faster and faster. Every block, I was gaining on him just a little bit. After just a few minutes I was only about 100 yards behind him, so I really picked up the pace and pushed myself. You would have thought I was running in the Olympics. I was determined to catch him. Finally, I did ! I caught and passed him by. On the inside I felt good “I beat him” Ofcourse, he didn’t even know that we were racing.

After I passed him, I realized I was focused on competing against him that I had missed the left turn for my house and had gone nearly three blocks past it. I had to turn around and go all the way back.

Isn’t this what happens in life, when we focus on competing with co-workers, neighbours, friends, brothers and sisters, trying to outdo them and to prove that we are more important or more successful? The problem with competition is that it is a never ending cycle. We spend our time and energy and miss out our own path in the process.

There will always be somebody ahead of us, someone with a better job, nicer car, more money in the bank, more education, a prettier wife, a handsome husband, better behaved children. But we must realize that we are not competing with anyone. There is no competition in DESTINY. We all have to run our own RACE.

Let's take what God has given us, the height, weight and personality, dress well and wear it proudly! Let's stay focused to live a healthy life.

When we move our focus
From competition to contribution
Life becomes a "Celebration"



Life is a precious gift.
Let us use our
days wisely.

Enjoy the little things in
life, for one day we will
look back and realize
they were the big things.



SUCCESS IN LIFE

A School Principal's speech at a Graduation....

“A Doctor wants his child to become a doctor.....

An Engineer wants his child to become an engineer.....

A Businessman wants his ward to become CEO.....

BUT a teacher also wants his child to become one of them,
as well..!!!!

Nobody wants to become a teacher BY CHOICE.....It is
very sad but that's the truth.....!!!

One man, a CEO, decided to explain.

He argued, How could you expect a kid to learn from
someone who has decided that the best option in life was
to be a teacher? Look at the success I have achieved. I
have many factories, cars and properties I have lots of
money.

To emphasize his viewpoint, he said teasingly, "You are a
teacher? Be honest and tell me, how much do you make?"
The Principal, who had a reputation for honesty firmly
replied

“You want to know what I make? Well, I make kids work
harder than they ever thought they could. I make kids sit
through 40 minutes of class time when their parents can't
make them sit for 5 minutes without an iPod, Game Cube
or a movie. You want to know what I make?

I make kids wonder.
I make them question.
I make them apologize and mean it.
I teach them to respect and to take responsibility for their actions.
I teach them how to read and write.
They use their God given brains, not a man-made calculator
I make students learn everything they need to know while preserving their unique identities.

I make my classrooms a place where all my students feel safe.
Finally, I make them understand that if they use the gifts that have been bestowed upon them, work hard and follow their hearts, they can succeed in life.

I am fully aware that money isn't everything. You want to know what I make?

I make a difference in the lives of all of you, educating kids and preparing them to become Doctors, Engineers and CEO's

What do you make Mr. CEO?"
The CEO was left speechless!

Living a meaningful life is not about being rich, popular, highly educated or being perfect. Life is about being honest, being strong, real, humble and able to reach out and touch the lives of others to give happiness with success.

MECHANICAL LIFE

The Bishop was very happy with the Father for his excellent missionary work. He called the Father and said, "I am very happy with your missionary work and as a token of my appreciation, I am going to give you a very beautiful Arabian horse, so that you can carry out your missionary work with ease."

The Father was very happy. The Bishop said, "There is only one condition that you should be aware of... the horse only knows two words - 'Hallelujah' and 'O God!' If you mount the horse and direct it to run, it will not; but if you utter 'O God,' immediately it will start galloping. And if you want to stop the horse, pulling the reins will not do; you have to say, 'Hallelujah,' and then instantaneously, it will stop."

The father sat on this beautiful Arabian horse and said, "O God!"

The horse started galloping at great speed. And as he said "O God" again and again, it ran faster and faster. While Father was enjoying the ride, suddenly he realised that the horse was heading towards the brink of a cliff. Now he wanted to stop the horse and said "Stop, stop!" The horse

did not stop. Then he remembered to say, "Hallelujah" and immediately the horse stopped, right at the edge. One moment later they would have plunged to their deaths.

And then heaving a sigh of relief, he looked at the valley and joyously shouted, "O God! You saved me." And the moment he uttered these words, the horse galloped... So uttering "O God" earlier was just a mechanical act.

We can find many people of religious beliefs offering their prayers mechanically. Their prayers and expressions, "O God," "O Ram," or "O Krishna"... are mechanical. Due to the ingrained habit, true religious quality gets ignored.

It is very essential, in our religious life, to deepen the quality of awareness, during prayer or worship.

The cause of sorrow is "Moha" or "Delusion" / "Ignorance." We have become like robots. We have become unaware and mechanical, that is why we have become unhappy. The greater our freedom from ignorance, the greater is our happiness.

THE 4 WIVES

There was a rich merchant who had 4 wives. He loved his 4th wife the most and adorned her with jewellery rich clothes and treated her to delicacies. He took great care of her and gave her the best of everything.

He also loved his charming 3rd wife very much. He was very proud of her and always wanted to show her off to his friends. However, the merchant was always in great fear that she would run away with some other man.

He also loved his 2nd wife. She was very considerate, always patient and the merchant's confidante as well. Whenever the merchant faced any problems, he always turned to his 2nd wife and she would always help him out and guide him through difficult times.

Now, the merchant's 1st wife was a very loyal partner and had made great contributions in maintaining his wealth and business while taking care of the household. However, the merchant did not love the first wife and although she loved him deeply, he hardly took notice of her.

One day, the merchant fell ill. Before long, he knew that he was going to die soon. "Now I have 4 wives with me. But when I die, I'll be alone. How lonely will I be!"

He asked the 4th wife, "I have loved you the most, endowed you with the finest clothing and showered great care over you. Now that I'm dying, will you follow me and keep me company?" "No way!" replied the 4th wife and she walked away without another word.

The answer cut like a sharp knife right into the merchant's heart. The sad merchant then asked his 3rd wife, "I have loved you so much for all my life. Now that I'm dying, will you follow me and keep me company?" "No!" replied the 3rd wife. "Life is so good over here! I'm going to remarry when you die!" The merchant's heart sank.

He then asked the 2nd wife, “I always turned to you for help and you’ve always helped me out. Now I need your help again. When I die, will you follow me and keep me company?” “I’m sorry, I can’t help you out this time!” replied the 2nd wife. “At the very most, I can only accompany you to your grave.” The answer hit him like a bolt of thunder and the merchant was devastated.

Then a voice called out : “I’ll leave with you. I’ll follow you no matter where you go.” The merchant looked up and there was his first wife. She was so skinny, almost as though she suffered from malnutrition. Greatly grieved, the merchant said, “I should have taken much better care of you while I could have!”

Actually, we all have 4 wives in our lives

A. The 4th wife is our body. No matter how much time and effort we lavish in making it look good, it will leave us when we die.

B. Our 3rd wife? Our possessions, status, jewelry, property and all the wealth. When we die, they all go to others.

C. The 2nd wife are our family and friends. No matter how close they had been there for us when we are alive, the farthest they can stay by us is up to the grave.

D. The 1st wife is in fact our soul, often neglected in our pursuit of material wealth and sensual pleasure. Guess what? It is actually the only thing that follows us wherever we go. It is good to cultivate and strengthen it now, rather than to wait until we are on our deathbed.

A beautiful line was written on the wall of a movie theatre: -

“One day our entire life will flash before our eyes like a movie. We just need to make sure it is worth watching.”

“KARMA” RESTAURANT

Once a villager came to live in a big city for the very first time in his life. He went to eat at a local restaurant. Upon entering the restaurant, he saw that only a few tables were unoccupied. He went and sat down at one of the vacant tables. He sat there waiting for the waiter to come and take his order. But no one stopped by at his table.

After a little while, he noticed another gentleman, who came there and sat on a nearby table, with a plate full of mouth-watering and delicious food. The villager looked on curiously and proceeded to ask the gentleman “Excuse me...but where did you place your order?”

The gentleman replied, “Go and stand in the queue you see at the beginning of this room. At the first table you will be able to pick up an empty plate, bowls and spoons. When you proceed further, you will find all kinds of delicious and exquisite food items there. You can pick whichever item you like. Then at the other end an employee of the restaurant will tell you how much your bill amount is from the food selected and will take your payment, after which you come, sit down at one of these tables and eat your meal.”

In life, the rules are the same. We will have to pay the price for what we are choosing and doing. Are we doing good or are we doing something wrong. Let us check, because consequences will follow, immediately or later after few years. Are we ready to pay???

Let us stop doing wrong, if any, because if we plant a cactus, we will get cactus only, not a bush of a rose. If we plant roses, we will get roses.

Do good and good will come back to us.

In the year 1863, on a spring day in Northern Pennsylvania, a poor boy was selling goods door to door to pay his way for school. He realized he had only a dime left, and he was very hungry. So he decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door.

Instead of a meal, he asked for a glass of water. She thought he looked hungry and so she brought him a large glass of milk. He drank it slowly, and then asked. "How much do I owe you?"

"You don't owe me anything," she replied. "Mother has taught us never to accept pay for kindness". He said, "I thank you from the bottom of my heart." As Howard Kelly left that house, he not only felt stronger physically, but his faith in God and mankind was strengthened also.

Years later, that young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in specialists to study her rare disease.

Dr. Howard Kelly, a distinguished physician who in 1895 founded the John's Hopkins Hospital, was called in for the consultation. When he heard the name of the town she came from, he went to her room. He recognized her at once and was determined to do his best to save her life. After a long struggle, the battle was won

On request by Dr. Kelly, the final bill was sent to him for approval, on which he signed and then wrote something on the edge. The bill was sent to the lady's room. She feared to open it, for she was sure it would take the rest of her life to pay it off. Finally she looked and..... it was written

"PAID IN FULL WITH ONE GLASS OF MILK..."Dr. Howard Kelly*

Quite frankly, this is the part about kindness that we all understand. But it's the other part that many of us fail to grasp. That is... practicing random acts of kindness. It can change our lives! People often want to know... what is the most effective technique for transforming their lives? The answer..... **"Just be a little kinder."**

THE EFFECT

A farmer in Scotland named Fleming, while working in his field heard someone screaming from the adjoining field full of dirt and mud. He left his work to find out who was in pain. What he saw was a boy in the slippery and muddy field, making an effort to free himself from the pit in which he was stuck. The more efforts he made, the deeper he sank. Fleming reached hastily to rescue him and with great effort succeeded in pulling the boy out from the jaws of death. Had he not arrived in time and helped, the boy would have surely sunk to death.

The next day, a beautifully decorated buggy stopped opposite his small hut and a nobleman ornately dressed alighted from the buggy. He was the father of the young man he had saved a day before, who came there to profusely thank Fleming and offer him expensive gifts. But a decent human being that this farmer was, he politely declined to accept gifts; he only desired the best education for his son, Alexander. The Nobleman gladly made arrangements for his son's education and provided all the necessary help.

Many years later, thanks to the help rendered by Nobleman Mr. Randolph Churchill, the farmer's son Mr. Alexander Fleming was able to pursue his studies and eventually discovered "Penicillin" which helped save lives of millions, including the life of Mr. Randolph Churchill's son world renowned Politician SIR WINSTON CHURCHILL !!!

A well known rule of Newton is "Every action has an equal and opposite reaction. " Similarly in life, Whatever act we perform, will influence not only us but everything associated with us. If it is good, the effect will be good; if bad, the effect will be bad.

SUCCESS

Once upon a time in a kingdom far away, a terrible epidemic broke out. People started dying and the death toll started mounting. The King tried various methods to help his people and stop the epidemic but they all failed.

Finally the king prayed to God and he heard a loud voice echoing from the sky. The voice said “O King! There is a dried up well at the center of your kingdom. If every member from your kingdom pours a bucket of milk in the well tonight, the epidemic will recede and all will be well again.

The king immediately made an announcement that one bucket of milk from every household should be poured into the well in the night, so that this epidemic will end. One miser thought that since everyone in the kingdom would pour milk into the well, no one would know if he poured in a bucket of water instead.

The next morning, the epidemic had still not receded and people were dying. In order to find out the reason, the king arrived at the center of the town near the well. He found the well brimming with water instead of milk. Just like the first miser, everyone in the kingdom had the same thought and poured water instead of milk in the well.

It is sad that people shy away from their responsibilities thinking that there are others who will take care of it. This type of mentality will not help them to succeed either in business or in their personal lives. The moment we take responsibility for everything in our life is the moment we can change anything in our life. We are responsible for our own happiness. Responsibility is not inherited. it is a choice.

MIND BLOCK

A scientist in order to conduct an experiment filled a large tank with water and put a shark inside. He then went on to put in a few small fishes and as expected, the shark quickly attacked them and ate the fishes.

Then the scientist put a large, strong and shatterproof fiberglass partition in the middle of the tank. Thus there were two divisions within the tank with the shark on one side and numerous small fishes on the other. The shark again tried to attack the fishes but crashed hard into the fiberglass. In spite of this, the shark kept on trying to attack the smaller fishes but to no avail. The small fishes on the other side of the fiberglass, kept on swimming unaware of the danger on the other side. Finally after many attempts to reach the other side of the fiberglass in the tank, the shark gave up.

This experiment went on for several weeks. Everyday the shark would try to reach the other side of the fiberglass to attack the small fishes but failed every time. Soon the shark gave up and completely stopped trying to attack the fishes.

After a few more days, the scientist removed the fiberglass, but the shark did not attack the small fishes. It was imprinted in the shark's mind that there is a barrier between itself and the small fishes. Even though the fishes were swimming right around it, the shark did not attack them. The basic nature of the shark had changed.

Winners are not people who never fail, but people who never quit. Failure is a part of learning. We should never give up the struggle in life.

SHARKS IN OUR LIFE

The Japanese have always loved fresh fish. But the waters close to Japan have not had many fish for decades. So to feed the Japanese population, fishing boats got bigger and went farther than ever. The farther the fishermen went, the longer it took to bring in the fish. If the return trip took more than a few days, the fish would not be fresh. The Japanese did not like the taste.

To solve this problem, fishing companies installed freezers on their boats. They would catch the fish and freeze them at sea. Freezers allowed the boats to go farther and stay longer. However, the Japanese could taste the difference between fresh and frozen and did not like frozen fishes.

The lack of sale of frozen fish led to losses. So fishing companies installed fish tanks. They would catch the fishes and stuff them in the tanks. After a little thrashing around, the fishes stopped moving. They were tired and dull, but alive. Unfortunately, the Japanese could still taste the difference. Because the fish did not move for days, they lost their freshness.

So how did Japanese fishing companies solve this problem? How did they get fresh-tasting fishes to Japan?

The companies continued to put the fish in the tanks. But now they added a small shark to each tank. The sharks ate a few fishes, but most fishes remained alive and arrived in a very lively state.

Have we realized that some of us are also living in a pond but most of the time tired and dull, so we need a Shark in our life to keep us awake and moving? Basically in our lives Sharks are new challenges to keep us active and alert We do not grow when things are easy, we grow when we face challenges.

If we are steadily conquering challenges, we are Conqueror's. Challenges get us energized. We are excited to try new solutions. We have fun. We are alive! Let us not settle, we are not Dust !

PENCIL

A Pencil Maker took a pencil aside and just before putting it into the box he told the pencil. “There are 5 things you need to know before I send you out into the world, always remember them, never ever forget and you will become the best pencil you can be.”

One: You will be able to do many great things, but only if you allow yourself to be held in Someone’s hand.

Two: You will experience a painful sharpening from time to time, but you’ll need to undergo this exercise to become a better pencil.

Three: You will be able to correct any mistakes you might make.

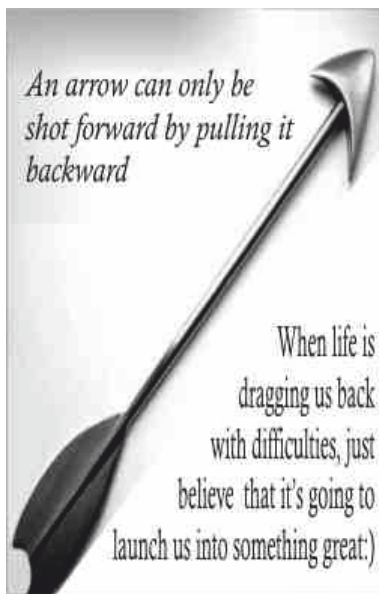
Four: The most important part of you will always be what’s inside.

Five: On every surface that you are used on, you must leave your mark. No matter what the condition, you must continue to write.

The pencil understood and promised to remember, and went into the box with purpose in its heart.

Now replace the pencil with us and let us re – read the 5 points. If we really understand them, we will become the best person we can be. Above all, we will get the best of everything from life.

Each and everyone of us is are very special. No one can play our role better than us.



Nothing is really over until the moment we stop trying.

Let us not give up : The beginning is always the hardest

WHO WOULD WE CHOOSE ?

One day during an evening class for adults, a psychology teacher told his students, “Let’s all play a game!” “What Game?” asked the students. The Teacher asked one of the students to volunteer and a lady named Aliza came forward.

The Teacher asked her to write about 30 names of the most important people in her life on blackboard. Aliza wrote the names of her family members, relatives, friends, colleagues and also her neighbors.

The Teacher told her “Please erase 3 names from the list that you consider most unimportant”. Aliza erased names of her colleagues. The Teacher again told her to delete 5 more names. Aliza did as the Teacher instructed and this time she erased her neighbor’s names. This went on until there were just four names left on the blackboard.

Aliza now hesitated as the names left were of her mother, father, husband and her son... The entire class became silent and they realized that this wasn’t a game anymore for Aliza. She had to make the difficult choice.

The Teacher told her to delete two more names. Aliza unwillingly deleted names of her parents. “Please delete one more” said the professor. She became very nervous and with trembling hands she deleted the name of her son and cried out painfully...

The Teacher told her to take her seat. And after a while asked her why she didn't choose her parents or her son instead of her husband as the parents are the ones that nurtured her and the son is the one she gave birth. "Why is your husband the most important for you?" He asked.

There was a pin drop silence in the class as everyone was curious to know her response. Aliza calmly and slowly said, "One day my parents will pass away before me. Surely, my son will also leave me when he grows old, get married have his own life. The only one who I truly share my entire life with is my Husband". All the students stood up and applauded for her.

We meet many people in our lives. They come and they go. Some stay for a while, and some stay forever. Respect every relationship but know the priorities.

If there was a man in the place of Aliza he would have chosen his wife and would give the same reasons as she did.

Who would we choose if we were in Aliza's place?

STAY CONNECTED

A father and son are flying a kite. After some time, the son said, “Dad, because of the string, the kite is not able to go any higher.” On hearing this, the father smiled and broke off the string.

The kite did go higher initially just after the thread was broken off and the Son was very happy to see this. But shortly after that, it began to go down and finally fell to the ground. The boy was very dejected and sad.

The father sat next to him, took his hand and calmly explained, “Son in life, when we reach a certain level of prosperity, then we might feel that there are certain things in our life that are not letting us grow any further like our home, family and culture. We might feel that we want to break free from those strings and attachments that we believe are stopping us from going higher or are restricting us from our free enjoyment. The kite gives us a wonderful message. Going higher and free seems easier at first, but a little later, it all comes to an end. Stay connected to our roots or else we will be lost.”

Home, family and our culture are the only things that will help us stay stable at the heights that we have achieved. If we try to break away from those strings, we will be like the kite.

Leaves are only safe until they remain bonded to branches. Branches are safe only until they remain bonded to the trees. Every brother in the world willingly accepts the bonds of “Rakshabandhan”. Everyone gladly accepts the bonds of “Matrimony”. If a river was to refuse the bonds of the riverbanks, it would spread and dry out. Bonds are the very basis of our existence. Without these bonds, life is just like an animal’s life.

“परिवार” से बड़ा कोई “धन” नहीं!
“पिता” से बड़ा कोई “सलाहकार” नहीं!
“माँ” की छाँव से बड़ी “दुनिया” नहीं!
“भाई” से अच्छा कोई “भागीदार” नहीं!
“परिवार” के बिना “जीवन” नहीं!



आज एक नई सीख मिली जब अँगूर खरीदने बाजार गया। पूछा
“क्या भाव है? बौला : 80 रुपये किलो।”
पास ही कुछ अलग-अलग टूटे हुए अँगूरों के दाने पड़े थे । मैंने
पूछा : “क्या भाव है इनका ?” वो बोला : “30 रुपये किलो”
मैंने पूछा : “इतना कम दाम क्यों..? वो बोला : “साहब, है तो ये
भी बहुत बढीया..।। लेकिनअपने गुच्छे से टूट गए हैं।”
मैं समझ गया कि अपने....परिवार... से अलग होने पर हमारी
कीमत.....आधे से भी कम रह जाती है ।

कुछ हँस के बोल दिया करो, कुछ हँस के टाल दिया करो!!..

यूँ तो बहुत परेशानियां है, कुछ फैंसले वक्त पे टांग दिया करो!!!

रिश्ते होते है “मोतियों” की तरह कोई “गिर” भी जाए
तो “झुक” के उठा लिया करो !!

थोड़ा सा झुकने से रिश्ते संभल जाते है, अपनों से समझौता कर
लिया करो..

कुछ टूटे तो उसे समाना सीखे, कोई रुठे तो उसे मनाना सीखे,

रिश्ते तो मिलते हैं नसीब से, बस उसे खूबसूरती से निभाना सीखे

THE DIRTY LAUNDRY



A young couple moved into a new neighbourhood.

The next morning, while they are eating breakfast, the young woman watched her neighbour hang the washed laundry outside. "That laundry is not very clean", she said, "She doesn't know how to wash correctly. Perhaps she needs better laundry soap." Her husband looked on, but remained silent.

Every time her neighbour would hang her washed clothes to dry, the young woman would make the same comments.

About one month later, the woman was surprised to see a nice clean wash on the line and said to her husband: "Look! She has learnt how to wash correctly. I wonder who taught her this."

The husband said: "I got up early this morning and cleaned our window glass."

And so it is with life: What we see when we are watching others depends on the purity of the window through which we look. Our life is a creation of our mind!!!

Let us remember this 'Dirty Laundry' Story and think twice before commenting on others. Life will be more beautiful!!!

We don't see things as they are, we see things as we are

THE UGLY MIND

It was a crowded flight and a beautiful lady aged around 36 years boarded. She searched for her seat and found she was seated next to a black man.

She wasn't in a hurry to take her seat as she found it too hard and awkward to sit next to a black man. Feeling disgusted, the lady finally called the air hostess and asked her to change her seat.

The air hostess asked why she would like to change the seat and the lady replied very softly, "It is impossible for me to sit next to a black ugly looking man, I hate it!"

The air hostess was shocked to hear these harsh words from someone who looked so dignified and composed. The lady again demanded for a new seat. The airhostess said she would do so and requested her to wait for a few minutes.

The air hostess went in search of an empty seat. She returned and told the lady, "I'm afraid Madam, there is no vacant seat in the economy class and the flight is almost full! However, we do follow the policy to fulfil the desires of our passengers as much as possible. So, give me a minute, I will check with my captain and get back to you, as we feel it is not fair to force a passenger to have an unpleasant flight!"

The air hostess came back after a few minutes. and said, “Madam, sorry for this inconvenience. We don’t want to make your journey unpleasant by making you sit next to someone with whom you aren’t comfortable. There is one seat available in the First Class. Although we don’t allow any passenger to move from economy class to first class, but to make you a happy customer, we are doing this for the first time ever. Our captain has allowed for an upgrade from economy class to first class!”

Just before the lady said anything, the air hostess turned to the black man and said, “Dear sir, would you please shift your seat to first class? Please retrieve all your personal items from your seat and our captain would like to move you to first class, as we don’t really want you to have an uncomfortable journey sitting next to an unpleasant person with an ugly mind!”

The lady was stunned! A few of the fellow passengers understood situation and were very happy and gave huge applause to the flight crew!

Never judge a person by his / her looks. Looks can be deceptive.

The true nature of person is understood by their actions. Actions speak louder than words.

ARROGANT

A doctor entered the hospital in hurry after being called in for an urgent surgery. He changed his clothes and went directly to the surgery room. He found a boy's father waiting for him. On seeing him, the dad yelled: "Why did you take all this time to come? Don't you know that my son's life is in danger? Don't you have any sense of responsibility?"

The doctor smiled and said: "I am sorry, I wasn't in the hospital and I came as fast as I could after receiving the call..... And now, I request you to calm down so that I can do my work"

"Calm down?! What if your son was in this room right now, would you calm down?" said the father angrily. The doctor smiled again and replied: "Doctors cannot prolong lives. Go and pray for your son, we will do our best to help him"

The surgery took a few hours after which the doctor came out happy, "Thank god!, your son is saved! If you have any questions, please ask the nurse!!" And without waiting for the father's reply he went on his way running.

"Why is he so arrogant? He couldn't wait for a few minutes, so that I can ask him about my son's state" commented the father on seeing the nurse.

The nurse answered with tears streaming down her face: "His son died yesterday in a road accident. He was in the cemetery when we called him for your son's surgery. And now that he saved your son's life, he left running to finish the burial of his son."

Never Judge anyone..... because we never know how their life is and what they are going through.

It is very easy to advice or comment BUT It is very difficult to remain silent and understand the situation of others.

PERSPECTIVE

The teacher asked six-year-old Raj, “If I give you one apple and one apple and one apple, how many apples will you have?” Raj replied confidently, “Four!”

The teacher who was expecting him to easily give the correct answer (three) was disappointed. “May be the child did not listen properly,” she thought and repeated, “Raj, listen carefully. It is very simple. You will be able to do it right, if you listen carefully. If I give you one apple and one apple and one apple, how many apples will you have?”

Raj had seen the disappointment on his teacher’s face. He calculated again on his fingers. This time hesitatingly he replied, “Four...” The disappointment remained on teacher’s face. She remembered Raj loves strawberries. She thought maybe he doesn’t like apples and that is making him lose focus.

This time with exaggerated excitement and twinkling eyes she asked, “If I give you one strawberry and one strawberry and one strawberry, then how many will you have?” Seeing the teacher happy, young Raj calculated on his fingers again. There was no pressure on him, but a little on the teacher. She wanted her new approach to succeed. With a smile young Raj replied, “Three”

The teacher now had a victorious smile. Her approach had succeeded. Once again she asked him, “Now if I give you one apple and one apple and one more apple how many will you have?” Promptly Raj answered, “Four!”

The teacher was aghast. “How Raj, How?” she demanded in a little stern and irritated voice. Young Raj replied, “Because I already have one apple in my bag.”

The next time someone gives us a different perspective than ours, it is not necessary that they are wrong. Quite often we try and impose our perspectives on others and then wonder what went wrong. Instead, let us sit down and gently ask “can you please help me to understand?” It is quite possible we may truly get a different and new perspective that we may not have considered at all.

SOFTEN THE HARSHNESS

One night, Emperor Akbar dreamt that he had lost all his teeth, except one. The next morning he invited a few astrologers to interpret this dream. After long discussions, the astrologers predicted that all of the Emperor's relatives would die before him.

Akbar was very upset by this interpretation and sent back the astrologers without any reward. Later that day, Akbar relayed his dream to Birbal and asked him to interpret it.

After thinking for a while, Birbal replied that the Emperor would live longer and live completely satisfied life than any of his relatives. Akbar was pleased with Birbal's explanation and rewarded him handsomely.

It was a matter of seeing a glass as half full or half empty. That is more than one way of expressing the same facts.

If it becomes necessary to resort to a bitter pill, there is always the option of using a sugar coating to soften the harshness.

PILGRIMAGE

One day, all the disciples went to their master and said, "Master, we all want to go on a pilgrimage."

Master: Why you want to go on a pilgrimage trip?

Disciples: So that we can improve our devotion.

Master: OK. Then do me a favour. Please take this Karela (bitter gourd) along with you and wherever you go and whichever temple you visit, place it in the altar of the Deity, take the blessings and bring it back.

So with the disciples, the Karela (bitter gourd) also went on pilgrimage, from temple to temple.

And finally when they came back, the Master said, "cook that bitter gourd and serve it to me." The disciples cooked it and served it to the master. After having the first bite, the master exclaimed,

"Surprising"!!!!

Disciples: What's so surprising?

Master: Even after the pilgrimage the karela is still bitter. How come???

Disciples: But that's the very nature of the Karela, Master.

Master: That's what I am saying. **Unless we change our nature, any amount of pilgrimage will not make a difference.**

Change must come from within.

एक ट्रक में मारबल का सामान जा रहा था, उसमें टाईल्स भी थी, और भगवान की मूर्ती भी थी !!... रास्ते में टाईल्स ने मूर्ती से पूछा.. “भाई ऊपर वाले ने हमारे साथ ऐसा भेदभाव क्यों किया है?” मूर्ती ने पूछा, “कैसा भेद भाव?”

टाईल्स ने कहा, “तुम भी पथ्थर मैं भी पथ्थर !!! तुम भी उसी खान से निकले, मैं भी.. तुम्हे भी उसी ने खरीदा, बेचा, मुझे भी..... तुम भी मन्दिर में जाओगे, मैं भी..... पर वहां तुम्हारी पूजा होगी..... और मैं पैरो तले रौंदा जाऊंगा ऐसा क्यों ..?”

मूर्ती ने बड़ी शालीनता से जवाब दिया, “तुम्हे जब तराशा गया, तब तुमसे दर्द सहन नहीं हुआ; और तुम टूट गये टुकड़ों में बंट गये .. और मुझे जब तराशा गया तब मैंने दर्द सहा, मुझ पर लाखों हथोड़े बरसाये गये, मैं रोया नहीं!!.....

मेरी आँख बनी, कान बने, हाथ बना, पांव बने...फिर भी मैं टूटा नहीं!!.... इस तरह मेरा रूप निखर गया ... और मैं पूजनीय हो गया...!! तुम भी दर्द सहते तो तुम भी पूजे जाते..

भगवान जब आपको तराश रहा हो तो, टूट मत जाना ...हिम्मत रखना !!... अपनी रफ़्तार से आगे बढ़ते जाना, मंजिल जरूर मिलेगी !! मुश्किलें केवल बहतरीन लोगों के हिस्से में ही आती है...

राह संघर्ष की जो चलता है, वो ही संसार को बदलता है ।
जिसने रातों से जंग जीती है, सूर्य बनकर वही निकलता है ।

A British tycoon passed away. He left for his widow one Billion pounds in the bank. The widow remarried one of her husband's employees. The employee said, "All this while I thought I was working for my boss. I now realize that my boss was all the time working for me!"

- ◆ It is more important to live healthy than to have more wealth. Strive to have a strong and healthy body.
- ◆ In an expensive cell phone, 75% of the functions remains unused.
- ◆ In an expensive car, 75% of the speed and functions remains unused.
- ◆ In big luxurious house, 75% of the space remains unutilized.
- ◆ Out of whole life's earning, 75% stays behind for other people to use.

Enjoy every movement of life.

Life has an expiry date.

LET US GIFT THE BOOK TO EVERYONE WE L ... O ... V ... E !

BOOK IS THE BOUQUET FULL OF LIFE

HAPPINESS IS NEVER PERFECT UNLESS IT IS SHARED

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The Biggest
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Tears in Someone's Eyes
Because of Us.

The Biggest
Achievement of Life
Tears in Someone's Eyes
for Us.



Once a woman went to the grocery store along with her young son. She made her son sit in the corner of the store and started shopping. While the woman was shopping, the playful young boy was smiling innocently. On seeing this, the shop owner was amused and he quickly took a liking to the innocent little boy.

He called the boy and opened a big bottle of candy and asked him to take as many candies as he wanted. The little boy hesitated and refused to take any candy. The shopkeeper kept on insisting that he take some candies and the boy kept on resisting. The boy's mother was watching this happen from the other end of the shop. After a while, the shopkeeper finally put his own hand inside the bottle and pulled out a fistful of candies. The child without any hesitation cupped his palms together and took all the candy that the shopkeeper had to offer. He happily put it all in his pocket.

Soon the mother and son left and on the way the mother asked her son, "when the shopkeeper was offering you candy why didn't you take some yourself from the bottle?" The boy replied, "Mom, I have very tiny hands. If I had put my hand inside the bottle, I would have been able to pull out only a couple of chocolates but the shopkeeper had big hands and when he put his hand in the bottle, he was able to give me so many candies that my pockets are completely full!"

God has big hands and a big heart compared to us and hence instead of asking, we must leave it all on Him and let Him decide what to give us. If we go to take on our own, we won't be able to get a lot but if we wait for him to give us, much like the little boy, we too will be able to **get a lot more!**

THIS IS SIMPLE WAY TO HAPPINESS

Life is a Story

The pages of yesterday can't be revised..
But the pages of tomorrow are blank and
we are holding the PEN..
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